



## C.A.L.L. Volunteer Instructions

### Mission Statement:

The Catholic Academy for Life Leadership complements catechetical efforts in the Diocese by providing systematic formation, leadership, and service opportunities for teens in pro-life and chaste living topics such as Theology of the Body, Catholic teachings on human sexuality, and bioethics.

C.A.L.L. supports parents in their aim to offer their teens a truthful and faithful Catholic Worldview with the hope of happy, healthy, and holy relationships and a vibrant faith throughout their college years.

### Instructions:

A student leader in the C.A.L.L. program serves those in the community by completing 15 volunteer service hours each year, but can reduce that down to 11 hours with parent help. How? Parents earn their teens 2 *service* hours by attending a single two-hour CALL *seminar*, or 4 *service* hours by attending two CALL *seminars*. But that's the limit! The remaining 11 service hours are up to the teen to complete! Yes, you guessed it; we are trying to encourage and welcome parents to come to the seminars, and for doing that, the teens are rewarded with a lower service hour requirement.

If a teen will be completing service hours as part of either a high school program or another extracurricular program (i.e. Life Teen, Key Club, NHS, etc.), these hours may be applied as well toward C.A.L.L. service hours. Service hours must be performed either during the summer preceding the school year or during the current academic year.

Service hours are geared toward respecting human life and love; as such the organizations you serve must be working for the betterment of human lives and serving others (i.e. volunteering at an animal shelter would not fulfill the requirement).

Teens are responsible for turning in service hours prior to the final seminar of the year by using the **Volunteer Service & Requirements Tracker** found on the C.A.L.L. website (click on **Downloads**). Completed forms can be emailed to our office at [CALL@diocesephoenix.org](mailto:CALL@diocesephoenix.org) or mailed to the address on the form or turned in at one of the seminars during the year.

For service opportunities, please see the Approved Service Opportunities list online. If you are interested in volunteering for a program that is not listed, please obtain prior authorization by emailing us at: [CALL@diocesephoenix.com](mailto:CALL@diocesephoenix.com).

*“What I do you cannot do; but what you do, I cannot do. The needs are great, and none of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful.”*

*Blessed Mother Teresa of Calcutta*

# Do's and Don'ts for CALL Service Opportunities

## Do:

1. Find out ahead of time the organization's requirements or procedures for volunteers.
  - a. Some organizations may require an adult to remain with you.
  - b. Some organizations (such as SVdP) have multiple entrances; make sure you know the proper location in which to enter and sign in.
2. Communicate with your supervisor.
  - a. If you are not clear on your responsibilities, ask for clarification.
  - b. If you need to ask a question, approach your supervisor and say, "I have a question to ask you when you have a moment," or something to that effect.
3. Be flexible.
  - a. You may have expectations of what you will do, but be flexible to the needs the organization has. You are there to serve.
4. Be reliable and on time!
  - a. If you cannot show up, phone the organization and tell them you cannot make it, and plan to reschedule at another time.
5. Dress appropriately
  - a. Dress modestly and appropriately for the setting in which you will serve
    - i. Closed toed shoes are required at many places.
    - ii. If you will be on your feet, wear comfortable shoes.
    - iii. Wear shirts that cover you when you lift your hands up and when you bend over. Avoid short shorts, short skirts, and tight tops.
6. Have fun and strive for excellence in your service!

## Don't:

1. Don't wait for someone else to arrange your service opportunities. Call and arrange your hours early in the year so you can avoid crunch time at the end of the year.
2. Don't gossip or relay sensitive information you may overhear while volunteering.
3. Don't fool around. Many service organizations are helping people in need or crisis. Be respectful, and refrain from giggling, rough housing, and distracting cell phone usage.
4. Don't be offended by constructive criticism, but instead listen to what you have been told, and apply it as best you can.
5. Don't forget to keep track of your hours on the **Volunteer Service & Requirements Tracker!** When you have 15 hours, please make a copy for your own records and turn the form into the CALL Office Staff by:
  - attaching it to an email to [CALL@diocesephoenix.org](mailto:CALL@diocesephoenix.org)
  - turning it in at a CALL Seminar
  - mailing it to: Diocese of Phoenix  
c/o Catholic Academy for Life Leadership/NFP  
400 E. Monroe St.  
Phoenix, AZ 85004

**Remember, you are representing the CALL program and the Diocese of Phoenix.**