

→ **"Topic"** Track 1 (1 min, 22 sec)

Pope John Paul II's comprehensive scriptural, historic, and scientific foundation for the Church's teachings on morality, marriage, and our loving relationship with God the Father in his work, Theology of the Body.

Distributed by Lighthouse Catholic Media.

→ **"Introduction"** Track 2 (4 min, 12 sec)

Introduction: Fr. Loya, listened to JPPII's Wednesday audiences in person. Currently Byzantine Catholic Priest of Eastern expression of Catholic Faith

Fundamental question: Who is _____ for _____, who is _____ for _____?

Who we are as humans, male and female, is area of great confusion, hurt, distortion.

→ **"Who is God? Man? Adequate Anthropology"** Track 3 (10 min, 41 sec)

Theology of the Body means: The _____ reveals _____.

Starting point to understand this is: Who is God?

- 3 persons, yet one God (Father, Son, Holy Spirit)
- A God who is a union and _____ of Persons.
- God, in a sense, is like a family
 - invisible, divine Persons who relate to each other as One
 - Fruitful, brings forth _____ within Itself and outside Itself.
- God can be described with two "L" words: _____ and _____.

A **union** and **communion** of persons who is **fruitful**.

So who are we as human beings? – go to Genesis

Genesis 1: "God says, Let us make man in Our image and after Our likeness. Let them have dominion over... And God created man in His image, in the Divine Image, He created him." So we are made like God. So we too are a union and communion of persons - and fruitful.

Genesis 1:27: "...**male and female**, He created them."

JPII term: **Adequate** _____

Anthropology is the study of who man is.

Adequate anthropology 3 phases:

- **Original man**
- **Historical man**
- **Eschatological man**

Humanae Vitae – Pope Paul VI

- To understand the Church's teaching on contraception, you need a _____ vision of man.

JPII's TOB is an entire worldview:

- **The invisible becomes visible through the _____.**
- **Language of the body:** The invisible becomes the visible through the physical.
- Physical things point to something beyond themselves, most true with human bodies.

1. _____ Man- Garden of Paradise, Adam sees he is different than animals.

- He made Adam perfect. (We were created to be holy, perfect.)
- Adam is in **original solitude** (JPII term) and noticed he was different from the animals in his body & ability to reflect on his own existence.
- His body alone did not make _____, incomplete. Then deep sleep.
- Woman created. Adam sees his completeness. "This one at last is bone of my bone and flesh of my flesh."
- The two bodies could take part in JPII term: **nuptial** _____

Image: Second person of Trinity, Jesus, takes on flesh.

- (See Song of Songs)
- Shows relationship of God to human race
- **Analogy: Wedding**
- In our very human bodies, we share in the nuptial mystery. God commands Adam and Eve to become one and to be fruitful. Naked, they felt no _____.

- Man and women (through their bodies) can love as God loves, meaning make of themselves a **sincere and total gift of each other**, of their total persons, become one in their totality -body, mind, soul, heart, together.
 - No shame. Had peace of the **interior** _____ (JPII term), as God looked at them, in their **original innocence**.

→ **"2nd, 3rd Adequate Anthropology Phases"** Track 4 (5 min, 30 sec)

Next phase of human condition after Original Man is...

2. _____ Man- (Now, since original sin)

First effect of disobedience, experienced in very sexuality (hid themselves)

Entry of **shame** (JPII term)

- No longer look at each other with peace of the interior gaze, but with sense of **appropriation**, as though they could use each other.
- Cover parts of ____ that signify maleness and femaleness, the parts of themselves that are means of making a sincere and total gift.
- **Shame is _____, but also becomes _____.**
- Through shame we have an echo of our original innocence, echo of purity and innocence of our body.
- JPII defines purity of heart: Purity is the glory of the human body through which masculinity and femininity are manifested (Seeing the glory of God!)
- Enters then, **lust and concupiscence**.

3. _____ Man-that which points to our **ultimate** _____

- Death, sickness, etc. are intrusions. Intrusions from original sin, but our destiny is body and soul reunited in heaven.
- Never meant to have our bodies and souls torn apart.
- Jesus shows the way, Jesus the new Adam, as body and soul united after death (Mary, too)

JPII's adequate anthropology (Original Man, Historical Man, Eschatological Man)

(Great time to take a break!)

→ **"Nuptial Mystery, Celibacy"** Track 5 (4 min, 14 sec)

How do we live the nuptial mystery, the fundamental element of existence.

All of life is revealed in a **complementarity**

- i.e. night and day or sun and moon.
 - Not opposites, instead _____ that go together though different
- This reflects the relationship between God and man (his bride)
- Nuptial mystery lived out celibacy and marriage

Celibacy-helps take us out of false _____ (ex. Celibacy is all the things you can't have as opposed to marriage which is all the things you can have=false dualism)

- Celibacy and marriage are interrelated.
- Celibacy is not what a person gives up, but what is _____.
- Marriage reveals the nuptial character of celibacy. Celibacy reveals the sacramentality of marriage. (**celibacy-"the already", marriage-"the not yet" of the marriage of the Lamb**)

Celibacy is one way to be espoused (mystically). Marriage (sacramentally)

Celibacy - espoused to the Church (if a man)

And espoused to Christ (if a woman)

→ **"Marriage"** Track 6 (4 min, 40 sec)

Language of the body - one flesh **union** of husband and wife, **a couple** in their very **bodies** become a **sacramental sign** of the **Great Mystery**, the relationship between _____ and His _____. **They become a sincere and total gift of self to one another.**

Language of the body-

- Basis of understanding the Church's teaching on morality and divine order of things
- Our bodies speak a language. We can tell the **truth** or tell a **lie** with our bodies.
- **One flesh union of a husband and wife is saying** we belong to one another totally; we give ourselves to each other totally as a sincere, free, and total gift, and we receive one another.

Love and Fruitfulness

Deals with Church's teaching against **contraception**, and follows from language of body.

Church is against contraception because the two people are telling a _____ with their bodies.

- The H words
 - If we are honest --holy, happiness, heaven)
 - If dishonest --hurts

Contraception becomes a lie because the **action of the body** (one flesh union) says:

- "I'm giving myself _____ **and sincerely** to you and you to me- totally-and that includes fertility" BUT...
- ...then we pick and choose and say, "I'm giving myself to you except my fertility," the language has a 'disconnect', a dishonesty.

Contraception is telling a lie with the body.

Church teaches the truth about the one flesh union, that there are

- **2 _____ (unitive and procreative)**
- uniting of the two bodies and the potential for life

TOB can go into every aspect of life. TOB's concept of the language of the body answers, "Who is man for woman, and woman for man?"

→ **"Language of the Body, specifically Woman"** Track 7 (9 min, 32 sec)

Language of the Body

We as human beings are **integrated**, working as a whole, as body and soul.

Women have **empty space in body**-_____

JPII talks about the **genius of** _____.

(Language of the body: the body points to something else)

An open space (womb) seeks to be filled, fulfilled.

Woman is designed with the gift of _____, even in her body.

- Woman is the **archetype of the whole human** race by the gift of receptivity.

- Human race was created by God as something He can pour His love into. (Man and woman are in that posture of receiving God's love. We then are inspired to give that love in reciprocity.)

Woman's **desire** to be _____ fulfilled.

Conversely, woman's **fear** is to be **unfulfilled**.

Woman has vocations – whether married or single (first her father's **daughter, spouse** in mystical or sacramental sense in how women make of themselves a total and sincere gift to others, **motherhood** which is knit into the structure of woman's body, whether as biological or spiritual motherhood.)

JPII says: Dignity of woman is measured by the order of love. "She is the one who is loved."

Womb is likened to a holy place, a **tabernacle**. (Eastern church's icon)

The war for the soul of humanity is being fought in the womb of woman.

There it will be won or lost.

Who goes into tabernacle (high priest)? Womb is entered only for most lofty and **holiest of purposes**.

Woman has an **inherent dignity, holiness**, known by virtue of her _____.

(Great time to take a break!)

→ **"Language of the Body, specifically Men"** Track 8 (6 min, 21 sec)

Man's body is designed to **act upon** the _____. Body, mind, heart, and soul works in **externality, moving outward from itself**.

Genesis:

- **Woman's punishment/redemption** is **bearing children**, and yet her **desire** is for her husband. (**relational fulfillment**)
- **Man's punishment/redemption** is till the soil, banished to the earth to work the earth, to **act upon the environment**.
- Man's body is to move out from itself, to **defend** and **protect**, to knock things down, to break things so as to build them up again.

- Man's brain is designed for problem-solving, abstract thinking, looking for the point of things. More linear even in body than women; women is more concentric.
- **Man** is designed for **silence** and _____. **Woman** is designed for **connectedness/relationship**. Women more verbal, relational to re-energize. Men go into silence to re-energize. Jesus, Moses went off by themselves.
- Man's body images the **transcendence of God. Man's vision moves out from himself to God.**
- Interaction with exciting and fearful things is taught to kids by _____. Life is about risk/adventure (like faith journey).

Man finds his manhood by always going up against something _____ than himself.

→ **"Language of the Body, More on Men"** Track 9 (4 min, 14 sec)

Men's bodies are configured to **Jesus Christ, women's to Blessed Virgin Mary.**

Man is called to be like _____. A man finds his manhood and develops into true manhood by going up against something bigger than himself.

Man's vocations: Priest, father, warrior, king, husband, lover (mystically, not just through biological fatherhood)

Man-**king**: vision of true and good, initiates **structure** for society so that good can flourish, woman's vocation (nurture, love, and bring forth life) can be fulfilled in society. Reflects God the Father, King and Author of Creation-stamped in the man's body.

Man-**warrior**: Calm man of **strategy**, fighting when _____. Men designed to **protect the honor and dignity** of women regardless of _____ to themselves, to the point of death. They are called to **spend** themselves.

Man-**father**: reflects action of God the Father, with a love that **initiates and moves out from itself**. God made first move in love; fathers, too. Responsible, the one who initiates process of love and protection.

Man-**priest**: Very body configured to Jesus Christ, the High Priest. He offered himself, spent himself, even physically for his bride the Church. Sacrifice.

→ **"Ephesians 5"** Track 10 (5 min, 2 sec)

Man/Woman: Who we are Ephesians 5

Submissive - to **support** her husband in **mission** to embrace the lofty mission of being Christ to her.

Man's greatest **desire** is to know he has what it takes, he has **accomplished** his vocations and his deeds.

Man's greatest **fear** is that of **failure**.

Ephesians 5 says when he comes back, bruised and bloody, spiritually, physically, psychologically, what he most needs is to hear message that she's **proud** of him, that he has what it takes. (**approval**)

Christ is the head of His body, the Church, as well as its Savior; husband is head of wife in same way.

Headship means **service** to the body. Man is designed to lead. Body designed in man is visual and outward-looking. Headship directs the body; it doesn't lord over it, oppress it; it serves the body. Husbands love your wives as Christ loved the Church.

Read *all of* Ephesians 5. Man is being called to loftiest of vocations, the woman is simply being called to respect that call of the man and help him accomplish it so he can love her as Christ loved the Church.

"Conclusion" Track 11 (1 min, 35 sec)

"You must know that your body is a temple of the Holy Spirit who is within you, the Spirit you have received from God. You are not your own? You have been purchased at a price. So, glorify God in your body." 1 Cor 20.